Goldie at Home: Roaring Twenties Dance Party

Activity Overview: Put on your dancing shoes for this toe-tapping activity! This Goldie at Home activity moves and grooves to the popular (and sometimes banned) dance moves of the early Jazz Age. Even if you have two left feet, these instructions are worth a try.

Connection to Iowa History



As prohibition and temperance (a nationwide constitutional ban and a social movement against the sale and consumption of alcohol) impacted Iowans following World War I, Iowa's dance halls were heating up with jazz music and the dances that moved to these new rhythms. In the 1920s, towns of all sizes in Iowa began to enact policies and ordinances about these new dances, which were unlike anything they had seen before the war. Ringsted was one of the first towns in Iowa to ban what they called "shimmy and other wiggly dances" in the early 1920s. In some larger cities, including Davenport and Des Moines, a board of local women and police matrons would review dances and decide if they were appropriate.

Iowa newspaper articles about local dance bans:

- **" 'Spoon Dance' and 'Bunny Hug' Frowned on by Club Women Invited to Form Censor Committee," *Sioux City Journal*, May 19, 1926**
- **"Ordinance Number 66, Dance Halls, An ordinance licensing and regulating public dance halls within the city of Rolfe Iowa and providing certain penalties," *Rolfe Arrow*, March 8, 1923**

Instructions

How to Dance the Charleston

- **Instructional Video: How to do the Charleston from The Children's Museum of Indianapolis**

The **"Charleston"** was a song that later inspired the now-famous dance. The song was first made popular in the Broadway production, *Runnin' Wild*, which was written by pioneering African-American composer James P. Johnson. This Jazz-Age dance reached peak popularity in 1926, and fell out of fashion as evening dresses became longer following the flapper era. This dance can either be danced alone or with a partner.

1. Begin with the palms of your hands parallel and equal distance to the floor.
2. First, step forward with your left foot.
3. Move your right foot forward, crossing over your left foot and tap it in front of your left.
4. Step backward with your right foot.

Instructions continued on next page

Goldie at Home: Roaring Twenties Dance Party

Instructions continued

5. Next, step backward with your left foot, and tap it behind your right.

6. As you move your feet, swing your arms side to side or back and forth.

7. Now you are doing the Charleston!

Bunny Hug Dance
The **Bunny Hug** was a cheek-to-cheek dance of the 1920s that required close contact. Its origins trace back to the dance halls of San Francisco, and eventually made its way to Iowa. This is one of the dances that was frowned upon in local newspapers.

Grizzly Bear Dance
The **Grizzly Bear** is another cheek-to-cheek dance that was banned in Iowa towns. Similar to the Bunny Hug, the dance began in San Francisco. It was first introduced to a larger audience in the Ziegfeld Follies of 1910 by Fanny Brice.

8. **Questions to Spark Learning**
   - What kind of dances are popular now? How are they different from the dances from the 1920s? How are they similar?
   - How does media and popular culture impact the popularity of dances?
   - Why do you think Iowa communities would ban certain dance moves?
   - Jazz and cheek-to-cheek dances became popular during the prohibition era. Why do you think young people enjoyed these dances instead of older dance moves like the waltz?

9. **Additional Resources**
Explore additional resources about dances, music, social movements and more from the Roaring Twenties.
   - **Summer At-Home Expedition: Prohibition and Temperance**
   - **Spirited: Prohibition in America Exhibit from the National Endowment for the Humanities**
   - **Iowa PBS: Iowa's Prohibition Years, 1920-1933**
   - **PBS - Jazz: A Film by Ken Burns**
   - **PBS - Prohibition: A Film by Ken Burns and Lynn Novick**

Article from *Sioux City Journal*, May 19, 1926

AY, MAY 19, 1926. ★ THE SIOUX CITY

D CAR
LY READY

uilt Auto to
in Service
Week.

rmored car will be
department equip-

be put into service
be used principally
rgé sums of money
toffice and express
nan T. L. Taggart,
ty department, an-

ing several daring
City and vicinity,
zed the purchase of
t has a special chas-
y built body, with
al convenience for
se it. The body is
etal, and so con-
section is injured
and another section
s of the windshield
let proof, and of a
given many tests
as adopted.
otless coat of dark
armored car was
Sioux City shop
assembled for the
and found to be
ct in every detail.
shop on West Sev-
completion of the

the armored car
high powered ri-
shotguns. The car
sons, including the
t of a robbery, and
us bandits, officers
safe from the bul-
, and will be able
fire upon them
in the windshield,
roof, where holes
for the muzzles of
ficers.

E
WARD
BALTIMORE

and executive
Miss Winifred E.
City, a student at
training school for
e, Md., the Emma
llen award, which
her at the gradu-
27, a dispatch re-
y night stated.

"Spoon Dance" and "Bunny Hug" Frowned on by Club Women Invited to Form Censor Committee



CLUB WOMEN AND POLICE MATRONS PHOTOGRAPHED AS THEY CENSORED DANCE "HOLDS."

JUST where does proper dancing leave off and improper dancing begin? That is a question that has been perplexing Sioux City police matrons whose duty it is to supervise the antics of young people at public dance halls.

In order to arrive at a decision in this momentous matter, Mrs. Frank Jipp, head police matron, invited 34 Sioux City club women to form a censorship committee and view a demonstration of the various "holds" and steps and give their opinions.

The demonstration was held Monday afternoon at the Roof Garden dance hall with Mr. and Mrs. R. E. Wilbur giving the exhibition.

The club women decreed that henceforth all "spoon dances" and "bunny hugs" are to be barred from Sioux City dance floors.

A "spoon dance," let it be known, is one wherein the dancers move in such proximity that their bodies touch at all points from their knees to their shoulders. The "bunny hug" is somewhat similar, only more so. In this dance the male seizes his partner in a "clinch" akin to that employed by professional wrestlers. And the ensuing movements are not unlike the movements of the aforementioned grapplers.

The new fangled Charleston, which, it has been declared, can be executed properly only by knock-kneed persons, also was frowned on by the club-women.



(Photo by McFadden, Staff Photographer.)

Proper and improper dance poses, as decided on by the committee of censors, are shown above. The posture at the left was declared to be "naughty." The posture at the right was declared to be "nice."

RIVERSIDE | "A" CLASS PLAY | LEEDS

BOOS
TH

Airplan
Sp

When th
rying close
leaves Sio
morning
trade terri
Dakota, air
ways comp
and will a
train as fa
During t
will make a
to the itine
lic at the
Tuesday.
in Sioux C
urday even
Lavender
and red h
will make
Sioux City
nual excurs
The Monal
drum corps
tion and
on the trai
stops will
An enorm
distributed
on the trip
loons, cand
of Sioux C
the article
wake of the
they proce

The train
Milwaukee
be over th
the section
a visit by
The itine
nounced T

Lv. Sioux C
Ar. Yankton
Lv. Yankton
Ar. Utica
Lv. Utica

Ar. Tyndall
Lv. Tyndall
Ar. Avon
Lv. Avon
Ar. Dante
Lv. Dante
Ar. Wagner
Lv. Wagner
Ar. Ravina
Lv. Ravina

TH
Lv. Stickney
Ar. Corsica
Lv. Corsica
Ar. Armour
Lv. Armour

Article from *Rolfe Arrow*, March 8, 1923

Many are better and not many new cases. A number of important social and religious functions have been postponed until people get well. Our schools had attendance badly cut down but most of the pupils are back again.

Paul Blake is running a picture show at Bode and that kind little town does not ask him to work Sundays for its amusement.

Annual School Meeting

Public notice is hereby given that the annual school election of the Independent School District of Rolfe, Pocahontas county, Iowa, will be held at the school house in said district on Monday, Mar. 12, 1923, for the purpose of electing the following officers:

Director for the term of three years to succeed E. L. Hollis.

Director to fill vacancy caused by the resignation of Mrs. D. W. Trick.

And for the transaction of such other business as may legally come before it.

Polls will be open from 1:00 p. m. to 6:00 p. m.

J. H. Brinkman, Secretary.

Annual School Meeting

Public notice is hereby given that the annual school election of the Consolidated Independent School District of Des Moines township, Pocahontas county, Iowa, will be held at the school house in said township on Monday, Mareh 12, 1923, for the purpose of electing the following officers:

Two directors for a term of three years each.

And to transact such business as may legally come before it.

Polls will be open from 1:00 p. m to 6:00 p. m. 47-2

Guy Smith, Secretary.

Every man wants his neighbors to be perfect. It leaves that much more devilment for him to absorb himself.

Don't be too hasty in calling the fellow who tricks you a trickster. He may only have beaten you to it.

Subscribe for The Arrow — NOW!

ORDINANCE NUMBER 66

Dance Halls

An ordinance licensing and regulating public dance halls within the city of Rolfe, Iowa, and providing certain penalties.

Be it ordained by the council of the city of Rolfe, Iowa:

Dance Hall Defined.—Section 1. A public dance hall for the purpose of this ordinance shall be defined as meaning and including any room or rooms, hall or halls, bowery or outdoor structure where dancing is conducted or dances are held, and where patrons of dance rooms, halls or boweries pay for participating in such dances, whether such fee is paid on the floor of such dance rooms, halls or boweries, or for admission thereto, or for membership cards or tickets, or where a fee for participating in such dances is paid directly or indirectly.

Public Dance Defined. — Section 2. A public dance is hereby defined to be one which is or may be attended by the public generally either with or without tickets or invitation, and to which an admission or participation fee is charged directly or indirectly.

Licensee Defined.—Section 3. Every person, firm, society, fraternal order, or other organization engaged in and conducting public dance halls and giving public dances as herein defined shall be termed as the licensee for the balance of this ordinance, and such licensee shall pay a license fee as follows: Not less than one dollar ($1.00) per day nor more than twenty-five dollars ($25.00) for each day on which a public dance is held, or the sum of twenty-five dollars ($25.00) per year, said license fee to be paid at the office of the mayor of Rolfe, Iowa, and in case of a yearly license to be paid on or before the 1st day of April each year, but in any case the same to be paid wholly in advance of the issuance of a license.

No License to Be Issued Unless Place for Dance Complies With the City Ordinances. — Section 4. No license for a public dance shall be issued until it shall be found that such hall complies with and conforms to all ordinances and fire regulations of the city, and the rules and regulations of the board of health; that it is properly ventilated and is a safe and proper place for the purpose for which it is to be used.

License Shall Be Cancelled. — Section 5. This license of any dance hall shall be cancelled by the mayor (or by the council—a majority of which shall be sufficient—if the mayor shall happen to be out of the city or sick and unable to act) for improper, disorderly, vulgar, indecent, immoral or suggestive conduct on the premises, or for violation of any of the rules, regulations, ordinances or laws governing or applying to public dance halls or public dances. If at any time the license of a licensee is cancelled, at least six (6) months shall elapse before another license may be granted to the same party.

License Must Be Secured for Public Dances.—Section 6. It shall be unlawful for any person, club, society, fraternal order, corporation or other organization to hold a public dance or public hall within the limits of the city, without first having obtained a license therefor from the mayor.

Hours for Closing.—Section 7. All dancing in any and all dance halls in the city of Rolfe, Iowa, where a public dance is conducted shall cease and all persons (except proprietors or managers) shall be excluded from said dance hall or halls not later than 11:55 p. m. on each and every Saturday night and at 1 o'clock on all other week day nights.

Indecent, Immoral or Suggestive Dances Not Permitted.—Section 8. At all public dances, such dances as the grizzly bear, bunny hug, Texas Tommy, shimmy, toddle, Lorraine, or cheek to cheek and similar dances of a questionable or indecent nature shall not be permitted or allowed by the person or licensee conducting such dance.

Kind of Music. Jazz Music Prohibited.—Section 9. At all public dances the "time" or the "tempos" of the music furnished shall be that adopted by the American National Association Masters of Dancing, ie.: Waltz, 48 measures to the minute. Fox-trot, 40 measures to the minute. Jazz music is strictly prohibited.

No Girls Under Sixteen to Attend. —Section 10. It shall be unlawful for the licensee who may be engaged in or conducting a public dance hall or dance as herein defined to permit an unmarried girl under sixteen years of age to enter or be found in any public dance hall unless accompanied by her parent or guardian.

No Improper Conduct at Public Dances.—Section 11. It shall be unlawful for any person while in attendance at any public dance or public hall, to behave in any improper, disorderly, vulgar, indecent, immoral or suggestive manner, whether engaged in dancing or not; and it shall be unlawful for the licensee giving such dance or hall to permit or allow any person to behave as described above.

No Intoxicating Liquor at Public Dances.—Section 12. It shall be unlawful for any alcoholic or intoxicating liquor to be brought into or drunk in any public dance hall or in any of the rooms connected with or pertaining to a public dance hall while a public dance or public hall is being held. It shall be unlawful for the proprietor or manager of a public dance hall, or any of his representatives, or the members of a committee of any society, club, corporation or other organization, in charge of any public dance or public hall given by such society, club, corporation or organization, to permit or allow any alcoholic or intoxicating liquor to be brought into or drunk in any public dance hall while a public dance or ball over which they have charge is in progress.

Must Be Kept in a Sanitary Condition, and Adjoining Rooms Be Well Lighted. — Section 13. All public dance halls shall be kept at all times in a clean, healthful and sanitary condition, and all rooms connected with a dance hall shall be kept open and well lighted. All members of the police force shall have the power, and it shall be their duty, to cause the place, hall or room where any dance or ball is held or given to be vacated and summarily closed whenever any provision of this or any ordinance in regard to public dances or public halls is being violated, or when any disorderly, immoral, improper, suggestive or vulgar act is committed.

Policeman and Police Matron.—Section 14. The mayor shall appoint a policeman and police matron, who shall be in attendance continuously at all public dances (as herein defined) in the city of Rolfe, Iowa, and who shall see that all of the provisions of this ordinance are strictly complied with. The policeman and police matron so appointed by the mayor shall receive as compensation the sum of $2 each, for each such public dance attended, which amounts shall be paid to the mayor by the person, firm, society, fraternal order or other organization at the same time that payment of the license fee is made.

Licensee Shall Post Copies of This Ordinance in Dance Hall.—Section 15. The licensee shall place or post on at least two walls of the public dance hall, as herein defined, a printed copy of this ordinance, and the same shall be plainly printed in large type of at least the size of ordinary pica, and shall be so placed or posted where they can be conveniently inspected or read.

Penalty for Violation.—Section 16. Any person, firm, society, fraternal order or other organization, or any officer, agent or member thereof, who shall violate any of the provisions of this ordinance shall be deemed guilty of a misdemeanor and upon conviction shall be fined not less than five dollars ($5.00) nor more than one hundred dollars ($100.00) and costs of prosecution, and may be imprisoned until such fine and costs are paid, not exceeding thirty days.

Section 17. This ordinance shall be in effect on and after its publication as provided by law.

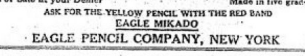
P. A. McCRAY, Mayor.
WM. TAYLOR, Clerk.

DIZZY SPELLS DUE TO UNDIGESTED FOOD

Dizziness and faintness after eating show that your food is not digested and is turning into poison and gas. Simple buckthorn bark, glycerine, etc., as mixed in Adlerika, expels all poison and gas from BOTH upper and lower bowel. Removes foul, decaying food matter you never that was in your system which poisoned stomach and made you dizzy and faint. Adlerika is EXCELLENT to guard against appendicitis. Nacke's Pharmacy.—Adv. 48-1

Winner of the Register-Tribune $500.00 Grand prize in the $1000.00 Iowa Slogan Contest, will be announced in next Sundays Des Moines REGISTER

EAGLE "MIKADO" Pencil No. 174



For Sale at your Dealer — Made in five grades
ASK FOR THE YELLOW PENCIL WITH THE RED BAND
EAGLE MIKADO
EAGLE PENCIL COMPANY, NEW YORK

Easter is But Three Weeks Away

The Annual Dress Up Sunday All Over the U. S. A.

EASTER Sunday comes this year much earlier than usual, and custom demands that you have at least one complete new outfit for wear on that dress-up occasion.

National Silk Week



This week is National Silk Week all over America. We are featuring silks by the yard and all things made of silks endeavoring to show that silk because of its long-wearing qualities is the most practical, most economical fabric to buy.

Suits are Popular for Spring

$35



The majority of suits are made of Poiret Twills, with a few Tricotines. Navy blue, as usual is the leading color, but as the season advances stone grey and sand are becoming more popular. At above price the modes are varied, jackets are in box or wrap effects; the tight fitted blouse effect; or in conservative tailored styles. All are well made, beautifully lined of high quality materials.

Paisley Bandanas



—are the latest craze for Spring. They are worn in every conceivable fashion. Priced $1.25 to $3.95



VEILING — is made in France. Newest styles are profusely dotted with chenille in vivid contrast to the color of the mesh. 50c a yard.

—Main Floor

Coats are Here in Variety



$25

At this price, the variety is large. Beautiful new colors in the new overplaids are seen; Polaire Cloths show a beautiful new shade of grey as well as tan and rookey.* Shawsheen is a favored material. All are lined throughout; are fashioned in blouse style; wrap styles; or straight tailored lines. Capes are also listed in this group. A selection worthy your inspection.

The Boston Store—Second Floor

Order By Mail

THE BOSTON STORE
FORT DODGE, IOWA

Write Jane Hoover